

## THE KING SPEAKS

*a Study in the Sermon On The Mount* | Discussion Guide  
Week 4 – October 7  
Beyond Anger Management | Matthew 5:21-26

### Introduction

There's a phrase that Jesus repeats six times throughout his sermon. It's found in verse 21, 27, 31, 33, 38, and 43. This phrase introduces six different applications of the truth that true righteousness begins in the heart and then extends to our outward actions.

It's this phrase... *You have heard that it was said... But I tell you...*

Read Matthew 5:21-26 before beginning this week's study.

### Questions for Study

1. Looking back on your life, can you think of one or two times when the angry words of another person were most hurtful to you? What would you say was most hurtful about those words?
2. Asking the same question, but turning it around...Looking back, can you think of one or two times when you said something in anger to another person that you know were very hurtful to that person?
3. In our world today, where are we seeing people express the most anger? What issues seem to trigger people's anger?
4. What does Jesus compare anger to in this week's passage? Why do you think he makes this comparison?
5. What does Jesus say is the consequence for both of the above? Why do you think both are deserving of such a severe judgment? Is this surprising to you? If it is surprising, why?
6. Jesus follows his warning about the consequence of anger with two other warnings. What are those warnings? What might be some equivalent things we can call another person?
7. In this same passage, Jesus tells his listeners what they're to do if they've broken a relationship because of anger and angry words. What is it? How urgent is it for this to be done, and why?
8. Write out Proverbs 18:21. What does this verse tell us about the power of words?
9. Are there any changes you need to make with this whole issue of anger and your words? What will you do to make those changes?