



Community Group Discussion Guide

September 14, 2014

Week 4 | Do Something
Genesis 37-50

Introduction

Dr. Cloud writes: "People who are successful in life have a certain quality. In addition to listening to their heart's desire, getting rid of negative stuff, and thinking of how the present will affect the future, they do something else. They tend to call on themselves as the first source to correct difficult situations. They will ask themselves, *What can I do to make things better?*"

This week's sermon looks at the 4th principle given by Dr. Cloud in his book, "9 Things You Simply Must Do." The principle: *Do Something*

Questions for Study

1. Reflect back on two to three difficult situations and/or people in your life? As you do this, see if you can remember how you responded to each one. What would you say you did that was productive to help make things better? What did you do to help yourself successfully deal with those situations?
2. Reflecting back on those same situations and/or people, was there anything you wish you hadn't done or said that made things worse and wasn't helpful to yourself or anyone else involved?
3. Dr. Cloud describes three things that are true of the person who lives out this fourth principles. Write down what he means by each one of the following:

First, this person is...*Proactive*

Second, they are...*Controlled from inside and not outside themselves*

Third, they have a healthy sense of...*Independence*

4. Another way of stating this 4th principle is: *Take Ownership and Responsibility*

What is a person doing when they take ownership? What are they doing when they take responsibility?

5. Read Genesis 37 through 50, which provide a biography of Joseph's life. As you read this look for ways Joseph lived out this 4th principle in his own life.

How was he... (Write out your answer for each one of the following on a separate sheet of paper.)

Proactive

Controlled from inside and not outside

Independent