



Community Group Discussion Guide

July 13, 2014

Week 1 | Trapped in Sin
Psalm 51:1-19

Introduction

By identifying common ruts that can impede following Christ, this 3 part series will show us how to get “unstuck” and gain traction on our spiritual journey.

This Week:

After being confronted by Nathan about the many layers of his sin with Bathsheba and against Uriah (cf. 2 Sam 11 & 12), David has a choice: Rebel or repent. Continue or confess. His example of responding to personal sin in Psalm 51 teaches us much about how and why to deal with sin quickly in our own lives.

Questions for Study

1. Have you ever been “stuck” before? What do you remember from the situation? What did you think? How did you feel?
2. Read 2 Samuel chapters 11 & 12. As you read, list 3-4 observations from each chapter?
3. What can we learn about the “nature of sin” from this passage? When confronted how did David respond?
4. Read Ps. 51, which was written by David after he was confronted by Nathan. What is the “tone” of this Psalm?
5. What was David’s plea (1-12)? What was David’s promise (13-17)? What was David’s prayer (18-19)?
6. In a prayer for restoration, what does he ask God to do (7-12)? Is freedom from sin far from the broken hearted?
7. What is the danger in living in isolation? How does it prolong the damaging effects of sin?
8. What did David say about what happens when sin is confessed in contrast to when it is not dealt with? Read Ps. 32.
9. What can we learn about sin, confession and prayer from 1 John 1:9 and James 5:16?
10. Back to Ps. 51. What is God most concerned about?
11. How is God speaking to you on this topic? How would God lead you to respond?